



Perrin Technique™ Workshop Santa Barbara, CA

Join us in beautiful Santa Barbara, California, November 13–15, 2026, for an immersive 3-day training workshop with Dr. Raymond Perrin, DO, PhD—British osteopath, neuroscientist, and creator of the Perrin Technique™. This hands-on workshop is designed to equip healthcare practitioners with practical skills to assess and treat some of their most challenging patients with neuro-lymphatic drainage disorders, including ME/CFS, Fibromyalgia, and Long COVID.

Developed by Dr. Perrin in 1989, the Perrin Technique™ provides a structured approach to the diagnosis and manual treatment of ME/CFS and related conditions. Participants will learn how to identify the characteristic physical signs associated with ME/CFS and Fibromyalgia, many of which were validated in a National Health Service study conducted at Wrightington Hospital and published in the BMJ Open (Hives et al., 2017). The workshop will also provide comprehensive instruction in the manual treatment of ME/CFS, Fibromyalgia, and Long COVID, as well as strategies for addressing common

comorbidities such as Postural Orthostatic Tachycardia Syndrome (POTS) and Ehlers-Danlos syndrome (EDS).

Throughout the three days, Dr. Perrin will explain the neuroscience underlying these complex conditions, helping participants understand the physiological basis of the diagnostic signs and treatment techniques. The workshop combines evidence-based lectures with extensive hands-on practical sessions and includes clinical handouts that practitioners can immediately incorporate into their diagnostic, prognostic, and treatment protocols.

Registration Fee: \$799 Early Bird (until August 31, 2026)

\$999 Full Price (after August 3, 2026)

Maximum attendance: 20 students

Student-to-Teacher Ratio: 20:1

Level of Instruction: Basic

Venue: Muller and Weber Physical Therapy

2324 Bath St.

Santa Barbara 93105

[Workshop schedule, Dr. Perrin's resume, & additional info.](#)

See [the latest published study](#) about the Perrin Technique™ and Long COVID.

Interested in Attending the Workshop?

If you are an osteopath, physical/occupational therapist, certified lymphedema therapist, chiropractor, or manual therapist with at least a basic knowledge of cranial techniques and would like to enroll in this basic level workshop, please [click here!](#)

(Note: If you haven't taken a basic 4-day craniosacral therapy course, such as the one offered by Upledger Institute, you can still enroll for Dr. Perrin's workshop and take the

cranial course afterwards. Dr. Perrin will issue you your license upon completion of the cranial course.)

Information on Licensing as a Perrin Technique™ Practitioner

On completion of this three-day course, delegates are qualified to register as a licensed Perrin Technique™ practitioner. This gives the practitioner the right to list themselves as a registered Perrin Technique™ practitioner on their personal or work website. The qualified practitioner will also be listed as a licensed practitioner on the Perrin Technique™ website map, which will advertise the practitioner's clinic. Practitioners will also receive a periodic newsletter about research and activities from Dr. Perrin.

The cost for registration as a licenced Perrin Technique™ practitioner is £250 per calendar year. **Please note: Perrin Technique™ and Dr. Perrin's name are trademarked by Dr. Perrin** and cannot be used in any of the marketing material without first registering as a licensed Perrin Technique™ practitioner.

Continuing Education Credits (CEUs)

The course has been approved for 19 CEUs by the NCPT Board and 19 CMEs by the American Osteopathic Association. We are currently applying for approval by the California Physical Therapy Association (CPTA) for CEUs.

For questions, contact:

Melinda Bassett

(310) 497-2258

goldsvenicegirl@hotmail.com

Are you a patient interested in booking a one-hour consult with Dr. Perrin?

Dr. Perrin will be available for ONE DAY ONLY, Thursday, November 12, 2026, from 9 am - 6:15 pm for consultations with people who have health complaints such as CFS/ME, Fibromyalgia, or Long-COVID. This is a rare opportunity to meet with the Master himself, the inventor of The Perrin Technique™. He's

coming all the way over from England for this!!! None of the other US workshops offered this option!

The consults will be one hour only and will consist of a physical examination, diagnosis, prognosis, advice, and treatment plan. Dr. Perrin is offering his services at a greatly discounted rate. The consults will take place at the same venue as the workshop in Santa Barbara, CA, at Muller and Weber Physical Therapy. To sign up, [click here!](#)

About the Perrin Technique™

The Perrin Technique™ is based on Dr. Perrin's theory that different stress factors—whether physical, allergies, emotional, or infections—lead to an overstrain of the sympathetic nervous system. Further investigation has led to a probable cause of this nervous system overload being a buildup of toxins in the fluid around the brain and the spinal cord. Some of the poisons caused by infection or inflammation in the head or spine flow through channels from the brain into the lymph ducts of the head, face, and neck. The toxins are also meant to drain down the spinal cord and out into the lymph ducts lying along the spine. In patients with CFS/ME, there is a backflow of these normal drainage points, which leads to further toxicity and dysfunction of the central nervous system. This leads to all the many symptoms we see in CFS/ME.

The Perrin Technique™ is an osteopathic approach that manually stimulates the fluid motion around the brain and spinal cord. Manipulation of the spine further aids drainage of these toxins out of the cerebrospinal fluid. Massage of the soft tissues in the head, neck, back, and chest directs all the toxins out of the lymphatic system and into the blood, where they are eventually detoxified in the liver. Eventually, with no poisons affecting the brain, the sympathetic nervous system begins to function correctly. Providing the patients do not overstrain themselves, their symptoms should gradually improve, and in time, some patients become totally symptom-free. Learn more about the technique at theperrintechnique.com.

What People Have to Say

"I was well, within weeks, after twelve years of a miserable life. It is incredible to me even now when I think about it."

—Elizabeth, patient

"I was bedbound for 9 months until I began this treatment. He and his practitioners saved my life."

—Vanessa, patient

"I attended my first Perrin Technique training seminar over 10 years ago. It opened the way for me to use osteopathy to treat a whole set of patients that otherwise wouldn't have been possible. The training seminar led by Dr. Ray Perrin, an expert in ME/CFS and the world leader in its treatment through osteopathy, taught me how osteopathy treats one's patient at a deep physiological level. Continued attendance of his excellent annual conferences has only gone on to widen the scope of my osteopathy and practice."

—Ian Trotter, BSc. Registered Osteopath, Chester, UK.